



## “One Voice”

At FSA we believe in promoting “**One Voice**” while you educate your players and develop them into great young men and woman through the game of soccer. The experiences I have had in the coaching world here in the USA and in Europe, is that it is a really good chance for you as a coach to lead by example and set a tone early in your season for the challenges ahead that you may face.

1. Players know who to take information from on a daily basis either game day or in practices sessions.
2. Players will respect the person that is in charge and the voice to listen too for direction or information.
3. If multiple coaches coach a team then you need to decide who is the voice that day and will be in charge. The players mind has a lot to think about and over educating them will result in confusion an lack of
4. There is such a thing out there as “Educated Out”. The players are coming to the end of their school year so they are worried, overwhelmed and just sometime confused about the game as they have a lot of their plate at the start of the season. The players mind has a lot to think about and over educating them will result in confusion an lack of motivation to play in practice and in games. When the summer arrives they will have a zest for life!
5. Players can get all confused very easy if there are 3 different instructions for the same thing on the field of play. The players will have a choice to make and it might not be the one that coach wants them to take.
6. Patience is a very big part of soccer players playing career. The players need to listen and learn as much as they can from the one voice and with this you well get better results.
7. All coaches should be getting players to believe in themselves on and off the field of play. Practices are a great way to start building confidence around the ball.
8. Players taking too many instructions from two or more coaches and with this it will limit their playing ability.

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